

Dear Friend,

The Manitoba Prostate Cancer Support Group (MPCSG) is pleased to provide you with this “Treasure Chest” of material especially selected and assembled for newly diagnosed patients. It is intended to give you some helpful information as you begin on your prostate cancer journey.

We are a non-profit volunteer organization of prostate cancer survivors. Our sole purpose is to serve the prostate cancer community by raising awareness of this disease, providing support to patients and helping to educate both patients and the public-at-large about this disease.

Our Support Group meets on the third Wednesday of every month at the **First Unitarian Universalist Church of Winnipeg**, located at 603 Wellington Crescent in Winnipeg. *(Note: There are a couple of exceptions to this schedule. The first is in September, when our public meeting is held at the **Centro Caboto Centre**, 1055 Wilkes Avenue in Winnipeg. This meeting is special and is our highlight event of the year. The second exception is in December, when there is no meeting held.)* Each 2 hour public meeting begins at 7:00 p.m. The first hour is allocated to general fellowship, group discussion and sharing of concerns and experiences. The second hour is used for a presentation by an invited expert speaker, focusing on any of a broad spectrum of relevant topics, followed by a Q&A session open to all. Men, spouses or other support persons, families, and friends are all welcome to attend. There is no charge for attending and coffee and light refreshments are provided for free. Ample free parking is available.

To learn more about our support group please visit and explore our website – www.manpros.org. There you can see our monthly newsletter, including archived copies dating back several years, as well as links to a variety of additional information. You can subscribe to our free e-newsletter by sending an email request to manpros@mts.net, or by signing up for it at one of our public meetings.

We hope you find the information in this e-package helpful. Good luck on your cancer journey.

The Board and fellow travellers,
Manitoba Prostate Cancer Support Group